

NATIONAL EYE EXAM MONTH AUGUST 2026



WHY NATIONAL EYE EXAM MONTH IS IMPORTANT



Good vision improves work performance

It's tough to focus at work if you're having vision problems, which may contribute to reading and concentration issues. Getting your vision corrected would help — and make you much more efficient and successful at the office.

Eye exams can help reveal other issues

Eye exams can reveal much more than simply the health of your eyes — such as issues with diabetes, glaucoma, high cholesterol, and high blood pressure.

Eye exams offer a preemptive strike

Many diseases that affect the eye often do not have warning symptoms, but can have severe effects on vision and eye health later on. Eye conditions can often be easily managed when caught early.

5 EYE- CATCHING FACTS ABOUT EYES

1

Millions of US need help

It's estimated that around 12.2 million Americans need vision correction.

2

Don't forget about your kids

Somewhere around half of all children under the age of 12 have never had their eyes checked.

3

The eyes have it

While it takes some time for most parts of your body to warm up to their full potential, your eyes operate at 100% at all times.

4

Eyes require enormous cerebral power

Seeing is such a big part of everyday life that it requires about half of the brain to get involved.

5

Eyes can be fixed

Most vision problems worldwide are avoidable or curable.